

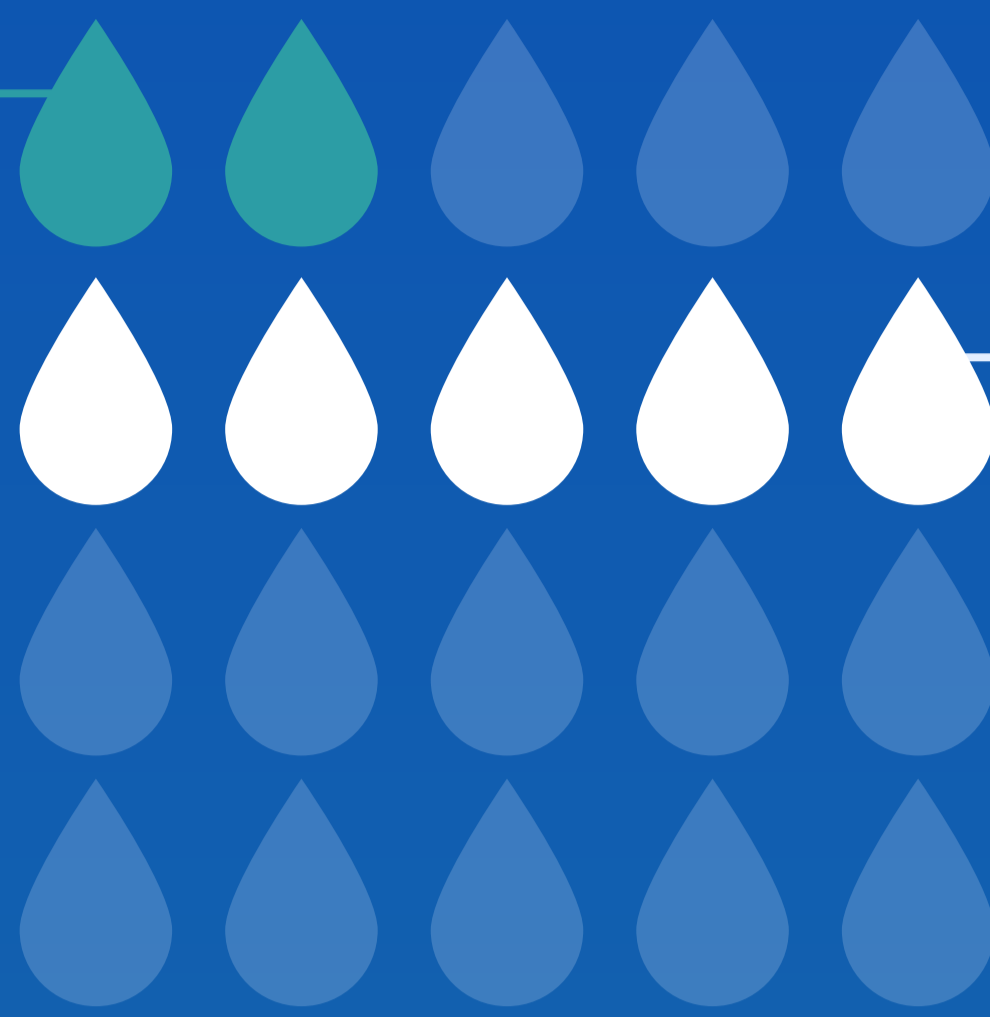
# The Hidden Healthcare Leak Draining Your Budget



The largest lever you control is empowering employees to **choose the right doctor from the start.**



Employer health costs will climb **9%** on average in 2026.<sup>1</sup>



**25%** of U.S. health spending is avoidable.<sup>2</sup>

## Start Right. Save More.

When employees start with a high-performing doctor backed by objective data, everything changes: fewer wrong turns, fewer unnecessary procedures, fewer complications, and faster recovery.



## Here's how that ripples through cost and outcomes:

### APPROPRIATENESS



About **14%** of common back surgeries are unnecessary.<sup>3</sup>

Unnecessary surgeries mean higher claims and more time away from work. High-performing specialists use evidence-based guidelines to prepare for surgery.

### COMPLICATIONS



Diagnostic errors cause **~800,000 significant complications** yearly.<sup>4</sup>

Starting with the wrong doctor leads to repeat visits, repeat tests, and incorrect treatments. Getting employees to the right doctor from the outset prevents costly cascades.



One complication can add **\$20k+** to a hospital stay and extend time away from work.<sup>5</sup>

Choosing the right surgeon up front reduces infection risk, readmission, and costly repeat surgeries.

### RECOVERY & PRODUCTIVITY



Patients at higher-quality hospitals are readmitted far less often.<sup>6</sup>

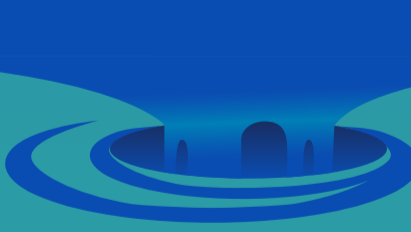
Every avoided readmission gets employees back to work faster, saving on claims and payroll costs from extended absences.



For every **\$1** spent on health benefits, **\$0.61** more is lost to absence, disability, and reduced productivity.<sup>7</sup>

The proper care the first time protects productivity, prevents output losses, and keeps avoidable costs from draining your bottom line.

**1.5 billion days lost in productivity and \$575 billion lost in healthcare costs annually.<sup>7</sup>**



## Choose Better. Get Better.

SelectDr launches in days — not months — so you start seeing savings immediately. Our platform delivers 100% objective, data-powered doctor recommendations that reduce complications, prevent unnecessary procedures, and help employees get back to work faster.

Contact Us at [sales@selectdr.com](mailto:sales@selectdr.com)

Learn more at [SelectDr.com](https://selectdr.com).



1. [https://www.businessgrouphealth.org/newsroom/news-and-press-releases/press-releases/2026-employer-health-care-strategy-survey?utm\\_source=chatgpt.com](https://www.businessgrouphealth.org/newsroom/news-and-press-releases/press-releases/2026-employer-health-care-strategy-survey?utm_source=chatgpt.com)

2. <https://jamanetwork.com/journals/jama/article-abstract/2752664?>

3. <https://lownhospitalsindex.org/unnecessary-back-surgery/>

4. <https://qualitysafety.bmj.com/content/33/2/109>

5. <https://jamanetwork.com/journals/jama/fullarticle/1679400?>

6. <https://pmc.ncbi.nlm.nih.gov/articles/PMC4107655/>

7. <https://news.ibiweb.org/poor-health-costs-us-employers-575-billion>